

Competition Timeline
Central Southern Texas Sectionals
March 13th-14th, 2010

Saturday, March 13th

06:00-08:00 Volunteers set up equipment in competition area if necessary

Workout One

08:00-08:45 Competition Area opens for first heat athlete warm-ups

08:45-sharp Judges (counters) report to Carey at competition area (Carey do you need more lead time?)

08:45-09:00 Warm-up ends

Competition stations prepped (ergs and loads checked by judge/counter) for first heat athletes

09:00-09:12 First wave of 20 athletes compete (men first, women, every other?)

09:12-09:20 Second Wave prep

09:20-09:32 Second Wave competes

09:32-09:40 Third Wave prep

09:40-09:52 Third Wave competes

09:52-10:00 Fourth Wave prep

10:00-10:12 Fourth Wave competes

10:12-10:20 Fifth Wave prep

10:20-10:32 Fifth Wave competes

10:32-10:40 Sixth Wave prep

10:40-10:52 Sixth Wave competes

10:52-11:00 Seventh Wave prep

11:00-11:12 Seventh Wave competes

11:12-11:20 Eighth Wave prep

11:20-11:32 Eighth Wave competes

11:32-11:40 Ninth Wave prep

11:40-11:52 Ninth Wave competes

11:52-12:00 Tenth (final) Wave prep

12:00-12:15 Tenth (final) Wave competes

12:00-12:15 Competition Area clean up, shut down

12:15 Competitors and guests released for lunch

12:15-1:30 Lunch Break

Workout Two

Volunteers report at 1:15pm for second workout prep

1:30-1:45 Wave One prep, Judges/Counters return

1:45-2:03 Wave One competes

2:03-2:10 Second Wave prep

2:10-2:28 Second Wave competes

2:28-2:35 Third Wave prep

2:35-2:53 Third Wave competes

2:53-3:00 Fourth Wave prep

3:00-3:18 Fourth Wave competes

3:18-3:25 Fifth Wave prep

3:25-3:43 Fifth Wave competes

3:43-3:50 Sixth Wave prep

3:50-4:08 Sixth Wave competes
4:08-4:15 Seventh Wave prep
4:15-4:33 Seventh Wave competes
4:33-4:40 Eighth Wave prep
4:40-4:58 Eighth Wave competes
4:58-5:05 Ninth Wave prep
5:05-5:23 Ninth Wave competes
5:23-5:30 Tenth Wave prep
5:30-5:38 Tenth Wave competes
5:38-5:45 Competitors and guests addressed, released

Sunday, March 14th

Workout

07:00-08:00 Volunteers report for setup
08:00-08:45 Competition area open for warm-up for Wave One competitors
08:45-09:00 Competitors clear competition area
Judges check loads, clamps
09:00-09:20 Wave One competes
09:20-09:25 Wave Two prep
09:25-09:45 Wave Two competes
09:45-09:50 Wave Three prep
09:50-10:10 Wave Three competes
10:10-10:15 Wave Four prep
10:15-10:35 Wave Four competes
10:35-10:40 Wave Six prep
10:40-11:00 Wave Six competes
11:00-11:05 Wave Seven prep
11:05-11:25 Wave Seven competes
11:25-11:30 Wave Eight prep
11:30-11:50 Wave Eight competes
11:50-11:55 Wave Nine prep
11:55-12:15 Wave Nine competes
12:15-12:20 Wave Ten (final) prep
12:20-12:40 Wave Ten competes
12:40-1:00 Communicate timeline for break and awards
1:30-2:15 **Awards Ceremony**
2:15pm Release competitors and guests
Volunteers begin breakdown